



Title: Social Prescriber

Reports to: Health & Wellbeing Programme Manager

Contract type: Fixed term contract 3 days a week

Location: County Kildare

Do you want to make a meaningful difference in the lives of individuals and communities?

County Kildare LEADER Partnership, through the **Older Voices Kildare (OVK)** initiative, is delighted to offer an exciting opportunity for a dynamic and motivated individual to join our team as a **Social Prescriber**.

This role will support individuals experiencing isolation, loneliness, social exclusion, or other challenges impacting their wellbeing. The successful candidate will deliver a **person-centred, strengths-based social prescribing service**, working directly with individuals to improve their overall quality of life.

About the Role

Social Prescribing is a personalised, holistic approach that supports individuals to improve their health and wellbeing by addressing social, emotional, and practical needs.

The Social Prescriber will work collaboratively with service users over a number of sessions to:

- Understand their needs, strengths, and personal goals
- Identify barriers to engagement and support individuals to overcome them
- Co-produce a personalised support plan that evolves over time

The Social Prescriber will support individuals to connect with a wide range of community-based supports, including:

- Wellbeing and health programmes
- Creative, cultural, and social activities
- Volunteering opportunities
- Physical activity and nature-based initiatives
- Counselling and practical support services
- The role also involves working closely with healthcare professionals, community organisations, and voluntary groups to ensure a coordinated and holistic approach to care.

Key Responsibilities

- Provide one-to-one, person-centred support over a series of sessions
- Co-produce and review personalised wellbeing plans with service users
- Support individuals to access and engage with community services and activities
- Identify and address barriers to participation
- Build and maintain strong partnerships with health services and community organisations
- Promote awareness and understanding of social prescribing
- Track progress and measure outcomes to evaluate impact on wellbeing, social connectedness, and quality of life
- Maintain accurate records and contribute to monitoring and evaluation in line with HSE guidance and the National Social Prescribing Framework

Monitoring & Impact

The Social Prescriber will contribute to a structured programme that:

- Tracks engagement, progress, and outcomes for service users
- Measures improvements in wellbeing and social connectedness
- Evaluates impact on quality of life and health service utilisation
- Aligns with HSE guidance and national frameworks

Key performance indicators include referral levels, engagement rates, and measurable wellbeing outcomes.

Specific requirements

- Educated to a third level qualification in Social, Community, Health, or related field.
- A minimum of 3 years' experience in community development or health / care setting.
- Experience of partnership / collaborative working and of building relationships across a variety of stakeholders and organisations

Knowledge and experience

- Reducing health inequalities and proactively working with people with diverse needs from all communities to improve health and wellbeing
- Knowledge, understanding and commitment to addressing key determinants of health, including their impact on communities
- Working from an asset-based approach, building on existing community and personal assets
- Knowledge of the structure of the HSE and the health services provided at Community Healthcare Network level
- Ability to work with policies and procedures including confidentiality
- Excellent IT skills
- Experience of data collation and reporting

Communication and Interpersonal Skills

- Listening and empathising with people and providing person centred coaching and support in a non-judgmental way
- Supporting people in a way that inspires trust and confidence, motivating others to reach their potential
- Organising, planning, and prioritising on own initiative, including when under pressure and meeting deadlines
- Building and maintaining relationships with a variety of stakeholders including individuals referred to the service, their families, carers, community groups, GPs, health professionals and others.
- Presenting information in a clear and concise manner
- Working independently and collaboratively within a team and multi stakeholder environment
- Flexibility, adaptability, and openness to working effectively in a changing environment

Evaluating information, problem solving and decision making

- Analysing and interpreting information, developing solutions, and contributing to decisions quickly and assessing / managing risk when working with individuals
- Understanding when it is appropriate or necessary to refer people back to health professionals / agencies when what the person needs is beyond the capacity of the social prescribing link worker role e.g., when there is a mental health need requiring a qualified practitioner.



Commitment to a quality service

- Appreciating the importance of working with clients with diverse needs in an empathetic, non-judgmental, empowering manner
- Promoting a quality and professional service to internal and external stakeholders
- Developing own knowledge and expertise

Other

- Car owner with full clean driver's license
- Garda vetting will apply to this role

Additional Information

- ✓ Salary €41,575 pro rata
- ✓ Annual leave: 21 days annual leave per year pro rata, with an increase of one day leave each year up to a maximum annual leave allowance of 25 days per annum
- ✓ PRSA: Option to join the organisation's PRSA scheme after successful completion of probation. If applicable, Auto-enrolment in My Future Fund will apply for new employees from 01st January 2026
- ✓ Flexible working practices
- ✓ Training and Development opportunities
- ✓ Employee Assistance Programme
- ✓ Open culture encouraging interaction and sharing of ideas and opinions
- ✓ Opportunity to apply for remote working as per CKLP policy.

Application is by means of a CV and letter of application to Olivia@countykildarelp.ie.
Reference: Social Prescriber (Older Voices Kildare) Application. Job description is available at www.countykildarelp.ie.

Closing date for receipt of applications: Tuesday 7th April at 5pm.

County Kildare LEADER Partnership is an Equal Opportunities Employer.